

OTHG MAGAZINE



ASK FOSTER
Thoughtful Advice



RACE RECAP
1-5 MX

HOLESHOT

February 2011

www.othgmx.org



SEASON OPENER
AV Motoplex

ROUND TWO
I-5 MX

RIDER OF THE MONTH
Tommy PEARL



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INSIDE LINE

Jeff **HAMBLIN**

Welcome to February! Just as we finished off the 2010 season at Starwest, Mother Nature reminded us of who is really in charge at our season opener at AV Motoplex. And almost exactly as it was at Starwest, we were able to finish racing just before the skies opened up. At least she was kind enough to allow that!

Despite the windy conditions, the season opener went off very well with an enthusiastic group of racers. The cool thing about this year is that we are seeing various individuals step up to the plate to offer help in different ways. Dennis Foster organized a group of volunteer flaggers to help increase rider safety in the blind areas of the track. While we may not be able to do this at every track that we race at, it will certainly be a benefit whenever we can. It's things like this that make this club so special. Thanks Dennis!

If you raced at AV I'm sure you noticed that our new club trailer was out in force. This little gem is going to be a life saver for our scorekeepers. In most instances the scorekeepers will not have to brave the elements with our sensitive electronic timing and scoring equipment; everything can be setup up to run right out of the trailer! A big thanks goes out to our VP, John Lombardo, for taking the time and effort to fabricate and install fold-away tables that hang from the inside wall of the trailer. Since John is an electrician by trade, he is also installing all of the power cables and wiring looms necessary for hooking-up our transponder system. Again, thanks John!

Another thing you may have noticed at AV is: open practice is back! Yes, the word from our Race Director, Reid Franke, is that we will have open practice whenever we are NOT racing with another club. We know you guys want your track time, and Reid is doing his best to give it to you. Long motos and short days are almost polar opposites of each other, but that is one of goals I've tasked us with in 2011. So far I think Reid has gotten us off to a great start. Thanks Reid!

On the web site our Webmaster guru, Jimmy Pierce, has provided a fresh new look to both the home page and the forums. If you like what you see, give Jimmy a shout and let him know. Lately he has been mixing up the home

page color scheme a bit, but personally I like the original Honda Red layout (Note to self: Use presidential influence to mandate Honda Red). Thanks Jimmy!

Well, since you're reading this right now, you're probably impressed by the "magazine" quality of our newsletter. Our new Secretary/Editor, Chris Rice (and his significant other Heather), have been hard at work stepping up the newsletter to a new level. We got a taste of this in 2010 and it now has become the new status quo. Thanks Chris!

So have you checked out your points yet? Do they look right? Well don't call me!!! Our new Statistician, Dan Yearata, is your man!!! Dan stepped up to the plate this year and took on what is arguably one of the busiest positions on the board. So far Dan (and Debbie!) have done a great job keeping the membership and points up-to-date. I am very confident that the club will be more than happy with Dan's efforts throughout the year. Thanks Dan!

On the injured reserve list is our ever-present Treasurer, Pete Van Aalst. Pete recently had knee replacement surgery and is unable to ride. Even still, Pete has been coming to the events to help out. At all the tracks with a PA system, listen for Pete on the mic doing announcing. Thanks Pete! We really appreciate your efforts, especially knowing you can't even race.

So I've introduced you to some of my team and what they've been doing, but really, each and every one of you are a part of that team! When you join the club, you become a part of the bigger picture. Sure, you can just race your two motos and go home, and that would be fine, but really there's much more to it than just that. If you find yourself in this category, then I challenge you to make some friends and become more involved. I'm willing to bet that you will not only find you're a part of the team, but a part of an extended family. This club is not only about checkered flags and trophies, it's about people! Be a part of the team and I promise you this: you won't be disappointed!

See you at the races!
Jeff Hamblin



DATE	EVENT
February 27	GLEN HELEN RACEWAY National Track W/CMC http://www.glenhelen.com
March 13	MILESTONE MX
March 20	COMPETITIVE EDGE MX PARK http://www.ridecemx.com
April 3	TBA
April 17	THE RANCH
April 30 - May 1	SIERRA NATIONAL Oatfield Raceway, Turlock, CA
May 15	CAL CITY MX PARK W/ Central Valley OTHG http://www.calcitymxpark.com
May 28-29	RENO NATIONAL
October 3-4	SOUTH NATIONAL Glen Helen Raceway National Track http://www.glenhelen.com

FOR MORE INFORMATION AND THE LATEST RACING SCHEDULE, CLICK HERE TO VISIT OUR WEB SITE

www.othgmx.org

Membership applications and race entry forms are available online

2011 EVENT SCHEDULE

RIDER OF THE MONTH

tommy PEARL



February's Rider of the Month is number 2 in the 2011 OTHG line up and is also known as the high flying Tommy Pearl.

MARRIED No

CHILDREN Five good people

WHERE DO YOU LIVE Ridgecrest

OCCUPATION Technical Director for the Weapons Test Squadron at China Lake, VX-31

STARTED RIDING 1956

FIRST BIKE 1952 Cushman Eagle: 4-stroke single, rigid frame, leading link front springer, scooter wheels, 2-speed tranny with tank shifter and a suicide clutch. Look it up.

FIRST RACE Carlsbad Raceway, 1970 on a Penton 125 with a Sachs engine that had six gears and seven neutrals.

FAVORITE TRACK Carlsbad Raceway

HOW LONG HAVE YOU BEEN AN OTHG MEMBER

I joined OTHG at one of the first ever races at LACR in 1984. The track was all deep sand with basketball-size rocks everywhere. I've missed a few years here and there but I'm home for good.

BEST OR MOST MEMORABLE MX/SX RACE YOU HAVE EVER BEEN TO LA Coliseum, Superbowl of Motocross #1. Marty Tripes was awesome.

FAVORITE MX PRO RACER Bob Hannah

FOUR-STROKE OR TWO-STROKE Two-Stroke

FAVORITE/BEST BIKE YOU'VE EVER OWNED 1993 Honda CR250R that I bought from John Webb (current OTMX 80+ racer). He guaranteed me it had a "virgin" fifth gear. I raced it for five years and sold it to Kim. She raced it for four years and I saw it last month being raced in the dez by the kid she sold it to. I want it back.

FAVORITE PART OF A MX TRACK The start. I love the last few seconds before the gate drops when I morph from a nervous wreck into a racing fool. We are all tied for first place at that point.

OUTDOOR MX NATIONAL OR SUPERCROSS Motocross is an outdoor sport.

WHO'S YOUR PICK TO WIN THE 2011 SX, 250 WEST, 250 EAST & 450

250 West: Hansen, 250 East: Sipes, 450: Villo

IF YOU COULD BE A PRO IN ANY OTHER SPORT Formula One Driver.

WHAT'S PLAYING ON YOUR IPOD My son took my iPod so I assume its Dylan, White Stripes, and some bluegrass. I never used it because it interfered with my hearing aids.



FAVORITE FOOD NY Steak medium rare, mashed spuds, asparagus spears, salad, cold beer.

PREFERRED LIQUID REFRESHMENT Coors Original Banquet Beer in a long-neck cold blue-mountain bottle.

HOBBIES Music, motorcycles, hiking, and drinking my preferred liquid refreshment.

WHO DO YOU MOST ADMIRE Our US service men and women who represent our country with integrity throughout the world.

WHAT'S YOUR MOTTO IN LIFE Keep putting out positive energy and it will come back to you when you least expect it and need it most.

FAVORITE TV SHOW: Any show with motorized racing.

FAVORITE MOVIE *Rebel Without a Cause*, James Dean.

WHAT'S THE LAST MOVIE YOU SAW *Sanctum*, unfortunately.

THE LAST BOOK YOU READ *The Girl Who Kicked the Hornets Nest*. I read all three of them.

FAVORITE SUBJECT IN SCHOOL Math

BEST CHRISTMAS PRESENT YOU EVER GOT: Red Monarch 3-speed bike with 26" fat tires. That thing was indestructible.

ONE PLACE YOU'VE NEVER BEEN BUT WOULD LOVE TO SEE Alaska

THE MOST AMAZING THING YOU'VE SEEN

The births of my offspring.

FAVORITE COLOR Blue.

MOST ANNOYING THING ABOUT YOU I can't sit still for more than 10 minutes at a time. I gotta keep moving.

YOUR GUILTY PLEASURE Chocolate Sundae topped with whipped cream and diced nuts.

WE ASKED TOMMY IF HE COULD SHARE SOME INSIGHT WITH US ON FLYING JETS AND HERE IS HIS REPLY

Flying a tactical jet is very similar to racing a MX bike. You are one with the machine as you experience acceleration in all six degrees of freedom, moments of weightlessness, exhilaration, and fear. Both are very physical and require intense concentration. The biggest difference is that flying requires concentration during critical stages of flight (landing, takeoff, flying formation) or when something goes wrong. The MX racer must concentrate for the whole race, or something will go wrong.

ANYTHING WOULD LIKE TO ADD The OTHG has been good for me and good to me. Thank you for that. You want a story, look me up in the Oasis. I've got a few!

0thg Season Opener
AV MOTOPLEX



January 31, 2011
Lancaster, California



Ohg Season Opener
AV MOTOPLEX





45 Beginners at 9-5

Walt KOWALSKI

The Over the hill gang accepted an invitation to race with the newly reformed LA Old-Timers, at the I-5 Quail Lake MX facility. It had been a long time since the gang had raced there, and that would bring out quite a few riders as it's a popular venue. The 45 beginners would see a larger than usual gate, even with the absence of one of the top riders Linda Thomas. Among the eleven who made trip were none other than Larz Feldman, sporting a big number nine on shiny green plates, Wes Dean # 207 and Theresa Clark #765 both coming off of injuries sustained last year, and 45 beginner regular Jay Katz # 477. Adding to the gate were veteran members Leo Garnica # 123, Martin Firestone # 469 and Ernie Barksdale # 591, along with new members from last year Tony Chavez #110, Carlos Rocha # 888 and Ruben Munoz # 117 and the eleventh position on the gate would be filled by Robert Tisherman # 101 a "one day" member.

As the gate dropped it was a free for all in the short run up to a tight 180-degree left hander that would prove to give the riders a hard time all day. Garnica exited the turn ahead of Chavez and Feldman, who to his luck had avoided the trouble his arch rival Katz had, putting three riders between them Firestone, Rocha and Dean. Following Katz would be Munoz, Clark, Barksdale and Tisherman.

Garnica would have his hands full with Chavez, who along with Rocha were moving forward fast. Meanwhile behind the leaders was Munoz, who had exited turn one mired in eighth. By the halfway point Munoz had worked his way through Katz, who got around Wes Dean and set his sights on Feldman. By lap three Munoz would dispose of Garnica for second and set his sights on Chavez. Barksdale, who had made his way past Clark and Firestone, had pulled up on Dean and would spend the next two laps figuring a way around the 207 of Dean.

By the penultimate lap Munoz had the 117 out in front of

Chavez and Rocha for the lead, who by this time had both moved past Garnica dropping him to fourth. As they took the white flag, they would put distance on the # 9 of Feldman who was holding off a hard charging Katz. Things would remain that way with Munoz taking the win, 8 seconds ahead of Chavez, who in turn had put 20 seconds on the third place Rocha, followed by Garnica. Feldman and Katz, who had whittled Feldman's lead over him to 4 seconds, were followed by Barksdale, Dean, Clark and Tisherman in tow.

Moto two would see Garnica with the holeshot once again, followed by Rocha and Munoz. Katz would put his fourth place start to good use as Dean and Chavez served as a buffer to Feldman in seventh. Behind Feldman were Firestone, Barksdale, Clark and Tisherman in that order. By lap two Munoz had past Rocha and Garnica to take control of first place. Chavez would move himself up four positions dropping Rocha down a peg to fourth. Feldman had settled into sixth

place moving up one position, Dean and Firestone would better themselves by two positions each. Barksdale would climb as high as sixth in lap 2 only to fall back to tenth behind Clark on the very next lap. Garnica would have problems of his own sliding down to fourth allowing both Rocha and Chavez to move up a position. Barksdale would trade positions with Firestone moving into eighth behind Dean. Dean was giving it all he had to run Feldman down, who had all but given up on Katz, who had a lock on fifth as he had from lap one. At the checkers it was Munoz with the win followed by Chavez, Rocha and Garnica as in moto one. Katz would better his moto one finish by one position finishing in fifth ahead of Feldman. Feldman fought off a last turn charge by Wes Dean. Feldman went wide and Dean tucked down inside, but it was Feldman who edged out Dean for sixth, leaving Dean to finish seventh. Behind Dean, Barksdale would finish eighth ahead of Firestone in ninth, Clark for tenth and Tisherman eleventh.



Round Two
1 - 5 MX

February 13, 2011
Gorman, California





Round Two
1-5 MX



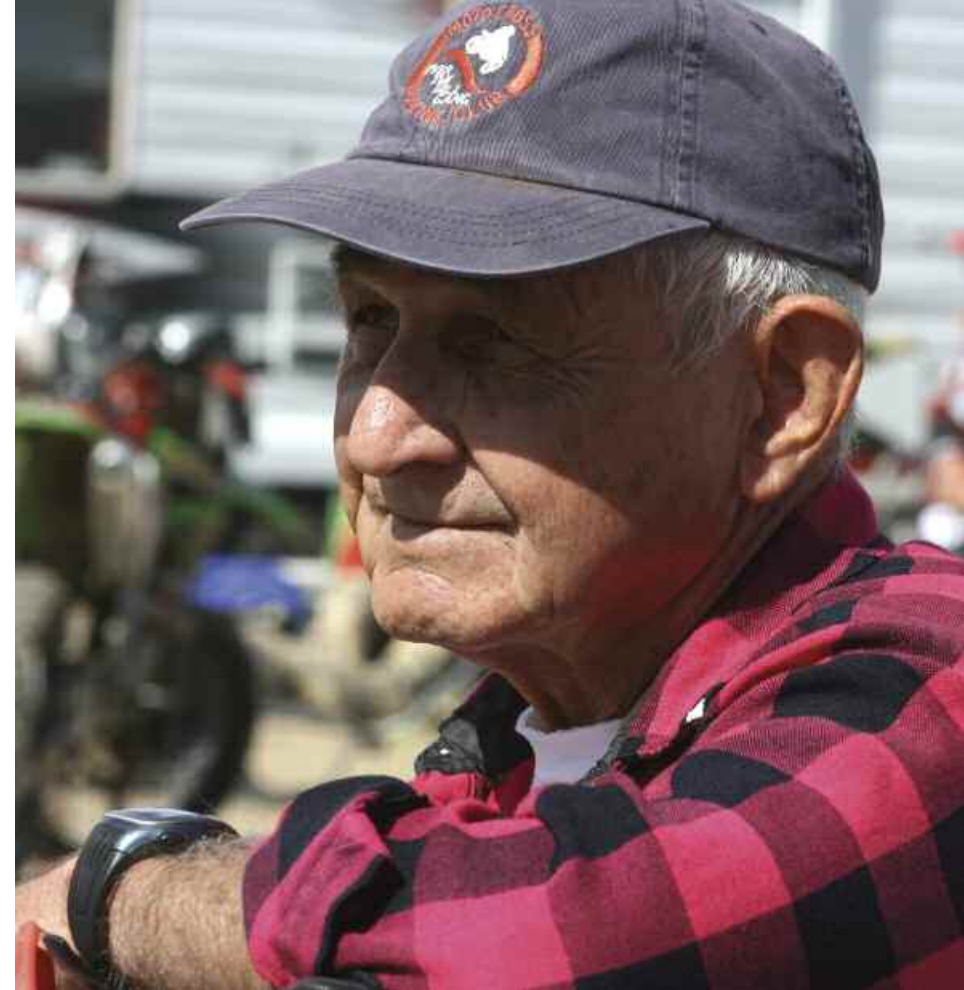


Round Two
1-5 MX





Round Two
1-5 MX





ASK FOSTER

Dennis FOSTER

Got a question for "Ask Foster"? Email your questions to editor/secretary@othgmx.org and Foster will impart his wisdom and knowledge in a future issue of the *Holeshot*.

Dear Foster,

I have been thinking about how to get myself faster in the corners. I need a lot of improvement there.

The Jumper

Dear Jumper,

This will be a "do as I say, not as I do" reply but here goes. Stay in your attack position as long as you can entering the corner, try and get your braking done prior to the beginning of the corner and try not to chop the throttle, the four strokes most of us ride respond well to having a little throttle being applied through the corner at all times, seems to prevent them from standing up in the corner. If your going to sit through the corner make sure you slide up as far as you can on the seat to help put weight on the front end to allow it to bite, or get traction. Keep your head over the bars through the corner, and most important of all look forward through the corner. Don't look at your fender, keep your head up and your eyes looking well ahead of where you are. If you watch Dungey in corners you'll see that he almost always has his inside foot off the peg and positioned up toward the front wheel. This is done to transfer weight to the front wheel. Try to apply pressure to the outside peg when going through a corner. Always keep your fingers on the clutch, you may want to feather it slightly through the corner depending on the conditions.

Dear Foster,

When preparing for a weekend of racing what should I think about doing a few days prior to racing? I tend to get cramps and cotton mouth after racing.

Nameless in Riverside

Dear Nameless,

I used to suffer from severe leg cramps during and after the races. The fix for me was this. We all have heard the old saying "you need to drink six glasses of water a day" and it's the truth. Keep hydrated at all times and especially the three days prior to the race. The three days is key here. Your not going to be able to "Water Load" the day before the race. You may also want to introduce a "One A Day" banana to your diet, the potassium they possess is great in helping to prevent cramps. The day of the race I wake up and drink 1 liter of CYTOMAX and eat a banana along with whatever else I prefer. During the course of the day I will eat another banana and drink another 2 to 3 liters of water and another liter of CYTOMAX. This has been an almost sure fire way to prevent cramps for me.

Dear Foster,

How do you keep the wife so happy that she lets you ride all the time?

Need to Make the Wife Happy in Anaheim

Dear Need to Make the Wife Happy,

I guess the key in my relationship regarding this matter is "Balance". I do my best to balance work, time with my kids, time with my wife, and riding. Here's another tip, put as much effort into the time you spend with your wife as you do when your racing and she will not get jealous of the time you spend riding. Show as much or more enthusiasm for her interests as she does for your riding, and you'll get all the riding passes you can handle.

Here's some words of wisdom from Mr Foster:

As we move forward into the 2011 season I look forward to another great year of racing and friendship with my fellow members.

The word "Friendship" means more to me now than it ever did. As a 12 year member of this club, I have built many friendships that I value as priceless. I'd like to bang the friendship drum to emphasize the need for us all to take a second to reflect on this word friendship, and think about it every time we line up next to each other at the gate. We have a long season ahead of us, let's be patient and safe when overtaking each other, let's make sure that our friends get back to the truck after each moto. Accidents happen, that's part of racing. People make mistakes in judgement, it happens. No one's perfect, that's a fact. But let's do our best to live by the OTHG motto, "Race on Sunday, back to work on Monday".

See ya all at the races.

Foster



OTHG NEWS & INFO

TRANSPONDERS

For 2011 the OTHG has committed itself to using transponders for timing and scoring. The system we chose, Orbits AMB, is the same as: OTHG Sierra and Bay chapters and SoCal Old Timers This system is on its way to becoming the new standard among vet motocross clubs. The MYLAPS MX Rechargeable Power Transponder provides you with accurate and reliable information about your race and practice results. For more information on how to get your transponder please speak with John Lombardo.

WHAT DO I GET

- + MYLAPS MX Rechargeable Power Transponder
- + Holder and clip (can be ordered separately for additional bikes)
- + Charging cradle
- + AC and DC power adaptor
- + 12v cigarette lighter adapter
- + User manual



www.mylaps.com

CLUB MEETING INFORMATION

NEXT MEETING March 9, 2011 at 8:00 p.m.

MEETING LOCATION

Larry's Pizza
926 West Orangethorpe Avenue
Fullerton

FREE PIZZA from 7:00 - 8:00 p.m.

Club Meeting is always the second Wednesday of every month unless otherwise noted.

CONTACT INFO

2011 BOARD MEMBER INFORMATION

- | | |
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HOLESHOT

- | | |
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OTHG SPONSOR HIGHLIGHT

Look for Joe Stern under the Dunlop
EZ-Up, at all the 2011 OTHG
events this year, with Dunlop's
line of GEOMAX tires.

For more information
email Joe Stern at
jtnstern@sbcglobal.net
or click below to visit
www.dunlopmotorcycle.com

 **DUNLOP**
MOTORCYCLE TIRES

